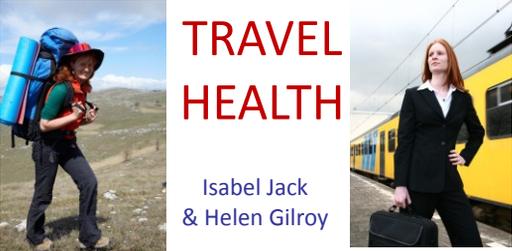


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**TRAVEL HEALTH**

Isabel Jack  
& Helen Gilroy

Occupational Health Unit

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**TRAVEL HEALTH**

- Purpose Highlight importance of travel health and what OHU can offer
- Outcome Understanding of above and knowledge of how to access OH service
- Structure Presentation, leaflets and stand
- Time 30 minutes

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**IMPORTANCE OF TRAVEL HEALTH**

**EMPLOYER**

- Vicarious liability
- Moral responsibility
- Good health : good business
- Staff well being
- Increased productivity
- Protection of diverse working population
- Protection of high risk groups e.g. VFR's

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**IMPORTANCE OF TRAVEL HEALTH**

**EMPLOYEE**

- Prevention of ill health
- Promotion and maintenance of existing health
- Fitness to carry out role
- Reduced travel health risks
- Increased knowledge
- Development of risk avoidance behaviour
- Reassurance

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**SOME FACTS.....**

- Rabies kills > 55,000 people annually
- Malaria kills > 1,000,000 people annually
- Accidents are second only to cardiovascular disease as a cause of life threatening illness in travellers
- Business travellers and young travellers less likely to be aware of risks

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**OCCUPATIONAL HEALTH**

- Individual advice
- Destination/itinerary specific
- Comprehensive range of travel vaccines and anti-malarial chemoprophylaxis
- Destination specific travel advice sheets
- Basic travel health kit
- Basic sterile pack
- Quick turn around appointments

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## POINTS TO CONSIDER

- Are you aware of potential health hazards your staff may encounter on their travels?
- Are you sure your staff are fit to travel?
- Are you sure your staff have adequate travel health insurance?
- What action do you take if your employee will not accept travel health advice?

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## GET IN TOUCH

By:

- Internet <http://www.ed.ac.uk/schools-departments/health-safety/occupational-health>
- E-mail Occupational.Health@ed.ac.uk
- Telephone 0131 650 8190

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## PROCESS

- Contact with OHU
- Completion of health assessment
- e-IT details
- Appointment – 30 minutes
- Arrangement of follow up appointments
- Cover letter to GP on completion of any vaccine course
- E-mail follow up 2 weeks after return

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## QUESTIONS?



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## COME AND VISIT OUR STAND



Try our quiz to test your travel health knowledge...  
**You might win a prize!**